

Improving Your Financial State

These tips are designed to give you a better perspective around finance. It's worth gaining.

- 1 **Earn more than you spend** (sounds simple but lots of people don't do it). What I mean is to think of your life as a business. Unless you are in profit at the end of the year your business might go under. Unless you have a percentage rise in profits year on year you can't expand.
- 2 **Get clear on how much you want and write it down!** Your unconscious mind and the universe like to know how much we're talking about here - what your idea of wealth is. If you want £5k a month for the lifestyle you want - say so and don't keep moving that goal post! Pick an achievable amount otherwise you will get discouraged and then de-motivated.
- 3 **Make it a MUST to be financially secure!** Say you needed £30,000 for a small studio. It might take years to save that kind of money. Now imagine someone sticking a gun to your head and saying you need to raise £30,000. Does it seem more possible? Imagine your child or partner needed life saving medical treatment. It IS possible if you make it a must.
- 4 **Come up with a plan and stick to it to the end.** If it turns out that you followed it through and it didn't yield the results you wanted then you know how NOT to make your fortune and don't touch it again. Avoid coming up with a plan that you won't be able to start for a few months - you'll always find something else to do. You've got to act NOW!
- 5 **Choose something that you love doing** and do it well with a passion - the money will come and you'll be more able to sustain your self when things get rough.
- 6 **Never give up when it gets rough** - you'll never know if you give up at the first challenge. You'll appreciate your wealth much more if you had to work for it!
- 7 **Don't hand over responsibility to a so-called expert.** You need to know how to run your business. Sure - get coaching, talk to wealthy friends - but don't fall into the trap of changing your plan because someone more successful says it won't work. Everyone has their own way to do things. What works for one may not work for another. Its the ATTITUDE you want to model more than the method.
- 8 **Look at your relationship with money.** Do you respect it? Are you afraid of it? Do you think you don't deserve it? Do you think that only people who rip others off have lots of it? Its paper and metal and its everywhere - YOU invest meaning into it. Treat it like your favourite pet and it will always come running to you with it's tail wagging.
- 9 **Read!** Rich Dad Poor Dad, The Richest Man in Babylon, Think and Grow Rich and if starting a small business The E myth Revisited. There's a lot of wisdom about.
- 10 **Have fun with it - but take care of business!** You go to a lot of effort researching and what not to book a good holiday but don't bother doing your books. Wealthy people know what they're doing with their money.

I really think the most important thing is to sort out your relationship with money - it has a lot of power. If you are making good money and want to invest it, look at Index Tracker accounts as the best return for a long term investment according to extensive research by The Motley Fool's money experts.